

# Warrior Swimming – February 2010 (updated 2/17/2010)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 <b>LAST DAY OF WEIGHTS &amp; DRYLAND FOR SECTIONAL TAPER GROUP: 2/4/2010</b>	1 Weights 3:00pm – 4:00 pm at HS Water practice 6:30pm – 8:45pm at REC	2 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	3 Weights 3:00pm – 4:00 pm at HS Water practice 6:30pm – 8:45pm at REC	4 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	5 Water practice 4:00pm – 5:30pm at REC	6 Bey Breakfast 8:30am-10:00am Westerville Classic 1pm Warm-up 11:45am
7 <b>LAST DAY OF WEIGHTS &amp; DRYLAND FOR DISTRICT TAPER GROUP: 2/10/2010</b>	8 Water practice 6:30pm – 8:45pm at REC	9 Water practice 6:30pm – 8:45pm at REC	10 Water practice 6:30pm – 8:45pm at REC	11 Water practice 6:30pm – 8:45pm at REC	12 Water practice 5:00pm – 6:30pm at REC	13 <b>SECTIONALS at UA: Girls 9:30am; Bus @ 7:30am (Drop-off ONLY) Boys 4:45pm; Bus @ 2:45pm (Drop-off ONLY)</b>
14 <b>DISTRICT QUALIFIER PRACTICE at REC 4PM</b>	15 Water practice 6:30pm – 8:30pm at REC	16 Water practice 6:30pm – 8:30pm at REC	17 Water practice 6:30pm – 8:30pm at REC	18 Water practice 6:30pm – 8:30pm at REC	19 Water practice 5:00pm – 6:30pm at REC	<b>20 Wake-up swim at REC 9-9:30am DISTRICTS at OSU 2:30pm; Bus at 12:00pm (Drop-off ONLY)</b>
<b>21 STATE QUALIFIER MEETING &amp; PRACTICE at REC 4PM</b>	22 Water practice 6:30pm – 8:30pm at REC	23 Water practice 6:30pm – 8:30pm at REC	24 Water practice 6:30pm – 8:30pm at REC	25 <b>Travel to Canton 1pm Practice 5pm</b>	26 <b>STATE meet at Canton 9:00am</b>	27 <b>STATE meet at Canton 9:00am</b>
28 <b>BANQUET at REC 3/13/2010</b>	1	2	3	4	5	6