

# Warrior Swimming – January 2012 (updated 1/18/2012)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 <b>START WEARING TIGHTS &amp; EXTRA DRAG THIS WEEK</b>	9 Weights 3:15pm – 4:15 pm at HS Water practice 6:30pm – 8:45pm at REC	10 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	11 Weights 3:15pm – 4:15 pm at HS Water practice 5:00pm – 7:00pm at REC	12 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	13 Water practice 2:45pm – 4:30pm at REC	14 Northeast Classic at Canton 9:00am Carpool leaves Friday (Qualifiers Only)
15	16 Water practice 10:30am-12:30pm  EAT AT MAX & ERMA's FUNDRAISER (ALL DAY)	17 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	18 Weights 3:15pm – 4:15 pm at HS Water practice 5:00pm – 7:00pm at REC	19 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	20 HOME MEET vs Lexington 6:30pm Warm-up 5:00pm SENIOR NIGHT	21 MEET at Olentangy 1:00pm Bus at 11:15am
22 <b>LAST DAY OF WEIGHTS FOR SECTIONAL TAPER GROUP: 2/1/2012</b>	23 Weights 3:15pm – 4:15 pm at HS Water practice 6:30pm – 8:45pm at REC	24 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	25 Weights 3:15pm – 4:15 pm at HS Water practice 5:00pm – 7:00pm at REC	26 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	27 Water practice 5:00pm – 7:00pm at REC	28 OCC Champs at Union County YMCA 11:30am Bus at 9:00am
29 <b>LAST DAY OF WEIGHTS FOR DISTRICT TAPER GROUP: 2/8/2011 LAST DAY OF DRYLAND FOR SECTIONAL TAPER GROUP: 2/2/2011</b>	30 Weights 3:15pm – 4:15 pm at HS Water practice 6:30pm – 8:45pm at REC	31 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	1 Weights 3:15pm – 4:15 pm at HS Water practice 5:00pm – 7:00pm at REC	2 Dryland 5:50pm-6:25pm Water practice 6:30pm – 8:45pm at REC	3 Water practice 5:00pm – 7:00pm at REC	4 TBA